

xplore BERLIN

The Festival on the Art of Lust



xplore BERLIN

2018 July 27th+28th+29th



The 2018 theme:

We always try our best to entertain you.

We invite you to go deeper.

xplore is about inspiration through provocation, about welcoming the so-called negative and transforming it.

This year we go for new challenges: Fear and shame, disgust, revulsion and ridiculousness - the dirty, the nasty, the messy and the silly.

We invite you to fail: To let go of ambition, to embrace your flaws and to laugh about your mistakes.

We hope you find empathy, resilience, resonance. And deep relaxation.

We invited many newcomers and no names, bold concepts, strange practices and experiences outside the usual. We wish for our audience to be curious and patient, generous and kind.

We believe Jay Wiseman is right: „A pervert is anybody kinkier than you are.“

Welcome to our laboratory.

Felix Ruckert, May 2018

DIRTY

DIRTY HANDS ON YOGA	Line Bangsbo	3x
SHIT REALLY HAPPENS	Adam & Eva	2x
π π CEREMONY – PEEING, SQUIRTING, FLUID BLESSINGS	Mara & Matis	2x
SILLY PLAY	Matis	2x
LIQUID BODY BOUND - DROOLING	Andy & Saara	3x
ANAL MASSAGE	Don Esteban	2x
FLOGGING	Don Esteban	2x
THE BIOCHEMISTRY OF DISGUST	Judith Anteil	3x

NASTY

SAFE SINGLE TAIL WHIPPING	Ayzad	2x
ELECTRO PLAY	Ayzad	2x
BEING GOOD	Dr. Peter Banki	2x
RAPE CULTURE (Participatory Lecture)	Melania Mieli	2x
PUSSY RIOT (Participatory Lecture)	Melania Mieli	2x

MESSY

CLINGFILM	Molly Cph	2x
BODY SOUNDS	Molly Cph	2x
THE BONOBO EXPERIENCE	Jason Hall	3x
TRAUMA, RELATING & SEXUALITY	Krisana & Mazen	3x
SHANK: LOOSE THE SHIT (INTESTINAL CLEANSING)	Pedro Aybar	1x
MINI-MAITHUNA FOR THE PEOPLE (Ritual)	Pedro Aybar	2x
NOT-YOUR-PARENTS TANTRA (Talk)	Pedro Aybar	2x

HOT

EROTIC YOGA	Dr. Peter Banki	2x
MEET YOUR CLIT	Liesl & Anna	3x
SEX-MAGIC (Lecture)	Dr. Heiko Schmid	3x
DANCE. POWER. PLAY.	Zahava & ZigZag	2x
TOUCH YOUR SEXY SELF	Zahava & ZigZag	1x
THE INTIMACY OF DANCEMAKING AND PERFORMANCE	Zahava & ZigZag	1x

HAPPY

MIND AND BODY AWAKENING	Shadow & Ysel	3x
CONSENT	Kim Loliya	2x
AFTERCARE	Kim Loliya	2x
THE EROTIC OF SELF CONSTRAINT. TRANSCENDING PHYSICALITY.	Lucy & Pawel	3x
MAKING LOVE WITH WORDS	Anna & Judith	2x



Adam & Eva

Adam & Eva did not know that they were kinky until consuming the fruit from the knowledge of good and evil. Thanks to the serpent, they now fully live out their fantasies freed from the restrictive confines of the Garden of Eden. In this workshop they will talk about their thoughts and experiences surrounding this topic and invite you to share yours. Perhaps – if participants so desire - they will also invite you to try out some exercises.

SHIT REALLY HAPPENS

Taboos surrounding scat delineate the time before and after we are taught to perceive what is taboo or disgusting. Crossing this line gives us access to the forbidden realm of witnessing an incredibly intimate act. Playing on the edge of our strongest taboos can be intense and deeply moving but it can also be joyous and absurd. We invite you to explore the unexpected ecstasy of experiencing the body's secret insides or simply to revel in all that is perverse. This is an attempt to approach a very hidden, yet quite popular practice. We think it is worth giving it space at xplore. Obviously there is no obligation for participants to engage in anything practical. We are highly concerned with hygiene and safety, so any proposed exercise will mostly play with your mind and imagination.

2x



Andy & Saara

Andy and Saara are partners in life, love, and drooling. They both grew up in the Schwelle family. Once they made daddy Felix drool and safe word, marking the day the little monsters he created turned on him. In celebration of this moment, they decided to teach at Xplore.

Andy is a student of theatre, medical massage therapist, and rope lover, with a passion for rituals of trust and sacrifice.

Saara is a mathematician, former competitive ballroom dancer, and rope lover, addicted to attention-seeking and fostering absurdity.



<https://andyburu.se>



<https://www.saararei.com>

LIQUID BODY BOUND - DROOLING

A frame to (e)xplore drooling

At first I might resist,
creating a dam with my lips.
To hold my head up high,
feeling anxious inside.

Drip, drip, drip.
How shameful...
that I cannot keep myself together...
... that I partake in such ridiculous, improper behaviour.
That I can be so disgusting.

And they watch me, how embarrassing!
Will they see how I enjoy it?
The dripping.

Losing tension,
a release.
My dam becomes a waterfall.
The loss of control,
so freeing,
in my body, my groin.

Pouring myself on another,
gives me power,
gives me pleasure.
As they suffer,
as they moan.

Spit, aggression,
a rush of adrenalin.
Look I'm a monster.
A sadistic alien,
covering you in me,
Claiming you for my own.

Oh snap out of it!
Observe them,
so primal, so degrading,
so vulnerable.
I'm honoured,
by their shame,
and arousal.

A liquid body bond.

This is a workshop about drooling that provides a frame for the participants to explore different situations for drooling. From drooling yourself and getting drooled on, to choreographing the drooling, and observing as a witness. Maybe you will find it erotic, or shameful. Perhaps empowering, or disgusting. Either way there is only one way to find out. Let it pour.

3x



Anna & Judith

Anna is a journalist, reiki healer and editor. She was a writer and deputy editor at the Guardian for four years and is currently the editor of Sharon Blackie's (author of If Women Rose Rooted and The Enchanted Life) The Hedge School, a place for connecting to myths, roots, and new journeys. Anna is exploring finding voice, embodiment and how writing can support healing.

Judith Antell - I am a Self-Development and Creativity Coach working with individuals, couples, groups and organisations.

I work from a systemic somatic perspective identifying outdated mental, emotional and physical patterns. Using simple awareness practices these patterns can be released allowing space for new choices and expanded possibilities.

Self- Development: Supporting individuals to nurture and express their own unique potential.

Systemic: The understanding that all situations and solutions are co-created by the efficacy of contribution from each person's unique perspective

Somatic: The understanding that patterning on all levels may be held in the body as muscular tension leading to disease and imbalance.

Coaching: The model of empowering the client through the sharing of expertise rather than fixing or healing.

MAKING LOVE WITH WORDS

How can words add meaning to your erotic experiences, and erotic experiences add meaning to your words?

We are holding a workshop for you to explore how writing can bring more depth, connection and understanding to your sexual encounters, and to widen our concept of eroticism so that every day life has more energy and pleasure.

This workshop is for anyone with an interest in writing and how to live in a way that is more fully engaged and present in the world. Experienced and non-experienced writers welcome.

2x



Ayzad

Ayzad - A journalist and author specializing in alternative sexualities, I study strange things to explain everyday life.

I wrote a few best-selling books including BDSM – A Guide for Explorers of Extreme Eroticism and XXX – The Dictionary of Unusual Sex, and I like to help people feel better through my writing, personal coaching and lots of other activities.



<https://www.ayzad.com>

ELECTRO PLAY

Electricity is life itself: it is fascinating, stimulating, exciting, titillating, (not necessarily) painful, spectacular and – if you don't know what you are doing – potentially lethal. Since you cannot resist it, you'd better learn how to make this powerful force behave according to your will.

(Safety basics, Electrostimulators, Sensual play, BDSM play, Electrostatic devices)

2x

SAFE SINGLE TAIL WHIPPING

Singletail whips are the very symbol of BDSM, but they are no joke as they can easily inflict deep and serious wounds unless knowledgeably used. This is where you gain that knowledge – so please bring your own snake, bull, stock, signal or whatever-whip with you if you want to practice besides learning theory.

(Whip anatomy, The 3 basic throws, Safe target areas, Sensual whipping, Painplay, Managing marks)

FRI: DEMO and conversation

SAT: Practical exercises for a limited number of participants. Please arrive in time!

2x



Don Esteban

Don Esteban - Even as a child I was fascinated by sexuality in all its forms. But for a long time it became difficult, shameful and partly hidden. Until I finally learned to stand by myself, not least through my second wife. In all facets and to love me for it. A journey of almost limitless lust in many forms began.

This way we also visited the Xplore in Berlin in 2010 and it was like a revelation for me. What Felix Ruckert brings together corresponds to my vision of a free, peaceful and lustful world. I am happy to do my part!

I learned the art of „flogging“ there with delta® as my teacher who taught us to wield the whip from the heart.

Since I know a lot about the energetics of humans, I soon realized how this fit to follow and thus enriched my sexuality. Making your partner sound like a Stradivarius is my passion.

With Maggie Tapert and her courageous work with women's groups I learned to take the responsibility and that we all actually want the same thing.

I learned Tantra and Anal Massage with Nangha, a very experienced and passionate teacher.

Bodywork has been my profession for 30 years, in my own practice.

In my sexuality I am very versatile and open.

Play like the children! „For only like children do we reach the kingdom of heaven“

ANAL MASSAGE

A very intimate touch and a gateway to heaven.

Our most hidden and protected place the anus.

It's where we feel our fears, where we hold back our true feelings.

It's a direct access to the autonomic nervous system and therefore most relaxing for the whole body.

It's about total let go in a safe environment.

To be the child again and heal.

2x

FLOGGING

It's about touching the true nature of our being, at the right point and time, to help drop the mask.

A mostly wordless dialog of passion and dedication, with a highly energetic aspect and contact.

It's not only about the flogger, it's your free hand as well.

Just like Yin and Yang.

Yang is moving, Yin is holding.

We will learn to distinguish the two, to be able to adapt to our partners state of being more easily.

Also the hands are the enlargement of the heart chakra, so flogging comes from the heart.

2x



Felix Ruckert

Felix Ruckert is a dancer, choreographer, and conceper. His experimental dance pieces and installations, his participatory work, but also his choreographies for ballet companies earned him an international reputation as one of the most innovative contemporary choreographers.

Since 30 years he is interested in all sort of body techniques. He studied ballet, modern and contemporary dance, Improvisation, Feldenkrais, Yoga, Chi Kung Tantra, Kyudo and much more. He worked as a dancer with several renowned european companies, before concentrating on choreography and conceptual work.

Since ten years he is also involved in a practical and theoretical investigation of BDSM and explores connections between BDSM techniques and artistic practices, developing an art and philosophy of sensual communication.

He directs the performance space schwelle7 in Berlin and curates the annual festival Xplore in Berlin as well as the international branches.

More Information on schwelle7 and www.felixruckert.de



<http://www.schwelle7.de>



<http://felixruckert.de>

ANAL MASSAGE COMBINED WITH FLOGGING - together with Don Esteban

In his third and fourth workshop at xplore Don Esteban will be assisted by Felix Ruckert. They will combine the practices of Anal (or Vaginal Massage) with flogging. Both practice are about opening, expansion and surrender. They provide empowerment by letting go of control. Very enlightening on both a physical and metaphysical level. Come and enjoy!

In this workshop we will play in trio constellations, one person being the protagonist that is flogged and massaged by two others. You can come to this workshop already as a trio, but you can also attend as a couple or single person. We will then ask you to form trios with other participants.



Heiko Schmid

Dr. Heiko Schmid is an art historian, curator and author. He holds a PhD from the University of Media Arts Cologne, his thesis explores concepts of the future, machines and the cosmos from an art historian perspective. He works as a research associate (Postdoc) in the institute of Media Theory and Cultural History at Zeppelin University Friedrichshafen, as a lecturer for visual culture at F+F Schule für Kunst an Design and as a lecturer at the Master Art Education Curatorial Studies at Zurich University of the Arts. He writes for the Swiss art magazines "Terpentin" and Brand New Life. He has realized exhibitions, publications and research projects surrounding theories of materiality, concepts of history, technology as well as artistic concepts of the future. He lives and works in Zurich Switzerland.



<http://future-machines.org>

SEX-MAGIC Magic, transgression and sexuality

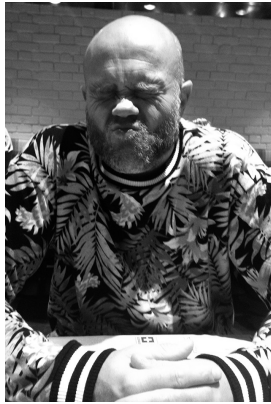
Parallel to the rise of entertainment magic in the 19th and 20th centuries (at the climax of modernity), the interest in spiritualistic, occult concepts increased drastically.

At that time actors such as the Frenchman Éliphas Lévi Zahed or the Englishman Aleister Crowley began to revitalize the „knowledge“ of the ancient „Magi“. And, excitingly, for many of the then popular magical circles of this time („The Hermetic Order of the Golden Dawn“, „Ordo Templi Orientis“ or Crowley's own church „Thelema“) was sexuality one of the central means to convey magical enlightenment.

If one tries to understand these historic sex-magical movements, the texts of the French philosopher Georges Bataille do offer explanatory and inspiring insights. For example, his two books L'Érotisme (1957) and Les Larmes d'Éros (1961) came into being cause of Batailles contacts with a sex-magical circle in Paris led by magician "Madame Edwarda". As Bataille defines in L'Érotisme, ritual-experienced (magical) eroticism not only makes it possible to break conventions, but also to experience a magical „energy“ pervading all human beings. Whereat the philosopher does not use scientific models to explain the qualities of those magical strategies of transgression. Bataille relies on art and poetry. Quote: „Poetry leads to the same place as all forms of eroticism - to the blending and fusion of seperate objects. It leads us to eternity, it leads us to death, and through death to continuity.“

Based on Batailles intriguing classifications, I plan to turn to the now-repressed history of sex magic and contextualize it against the background of the common history of magic. By using examples from the history of art and culture (for example films by the thelemistic filmmaker Kenneth Anger, relevant positions of visual art, performance / (contemporary) dance), I plan to introduce in current strategies of creative, sex-magical border transgression.

An opulent frenzy of images respectively a „ride“ through history is to be expected.



Jason Hall

Jason Hall - I am a queer artist/activist and Sexological bodyworker. I am currently Studying a Master Degree at The University of the Arts London. I have drawn my experience from teaching the creative process to children and adults with behavioural and learning difficulties and enable people to find new ways to interact with the world and one another. Through my work I am researching the effect of Bonobo behaviour on Humans. I have developed The Bonobo Experience© in order to do this.

...

They teach us and we help them, simple.

If you want to know more about retreats or would like to get involved please do ask, or contact me at bonobohouse.org



<http://bonobohouse.org>

THE BONOBO EXPERIENCE

The Bonobo Experience© workshop #1

This workshop will include consensual touch, but will not include sex.

The Bonobo Experience© workshop #2

This workshop will include consensual touch and semi nudity but will not include sex.

The Bonobo Experience© workshop #3 + Bonobo Orgy

This workshop will include consensual touch, nudity and sexual contact.

The Bonobo Experience© workshop #4 + Bonobo Orgy

This workshop will include consensual touch, nudity and sexual contact.

THE BONOBO EXPERIENCE

How to have fun bonding and transforming conflict while exploring the sex-positive culture of our primate cousins!

This workshop offers a rare journey into the polyamorous bonobo world, with a Human Bonobo tribe to keep you company. Join us for a unique insight into conflict resolution, group cooperation and open love.

The Bonobo behavior workshops teach us how to capture and highlight the inter-play between Bonobo and human. As human's we see how to live as Bonobos'. We learn group compassion, re-learn play, bond, groom and understand why sex and touch is a tool to keep the peace. Though this work we disrupt our mono-species experience with that of the Bonobo and rediscover our past that has been forgotten.

Unlike Chimps and Humans, Bonobos live without war, murder, rape and infanticide. The females govern with wisdom, not brute force. I believe we are living out of balance and a Bonobo outlook may be just what we need.

WHAT TO EXPECT

- Experience being born as a Bonobo
- Enjoy sharing the sensual tastes of the fruits of the jungle
- Take pleasure in a Bonobo grooming
- Reframe your ideas around group interaction through touch and play
- Explore the queer dimension of bonobo culture

AIMS

- Explore Bonobo social skills in order to reflect on our own
- Find new methods of interaction whilst inhabiting your inner Bonobo
- Role-play how Bonobos use polyamorous sex to diffuse conflict, say hello and develop strong bonds
- Increase awareness of Bonobos and how we use there behaviors to bring change in our life's .



Judith Anteil

Judith Anteil - I am a Self-Development and Creativity Coach working with individuals, couples, groups and organisations.

I work from a systemic somatic perspective identifying outdated mental, emotional and physical patterns. Using simple awareness practices these patterns can be released allowing space for new choices and expanded possibilities.

Self- Development: Supporting individuals to nurture and express their own unique potential.

Systemic: The understanding that all situations and solutions are co-created by the efficacy of contribution from each person's unique perspective

Somatic: The understanding that patterning on all levels may be held in the body as muscular tension leading to disease and imbalance.

Coaching: The model of empowering the client through the sharing of expertise rather than fixing or healing.



<http://www.sensationexpression.com>

THE BIOCHEMISTRY OF DISGUST

In this experiential workshop we will explore the energies of fear and disgust.

What drives us, and what paralyses us.

Fear can be defined as excitement with contraction. Disgust as attraction without movement.

Following the energy out of contraction, and into movement, we move into our edges. The space of eroticism. Between the known and the unknown. Allowing our fears and disgusts to take us deeper into our pleasure and desire.

We often confuse feelings of fear and disgust.

Both are experiences of aversion, of situations or people that we do not want to engage with, that we would prefer weren't here.

But biologically Fear and Disgust are very different.

Fear raises the heart rate, taking us into fight or flight. Disgust lowers the heart rate leading us in the direction of closure, freeze.

Fear takes us in the direction of life. Disgust in the direction of death. Sort of. Try not to make any judgments here. Life and Death may not be opposite.

Out beyond ideas of rightness and wrongness

There is a space

I'll meet you there

When we lie down in that grass

It is too full to talk about, even the words me and you seem to make no sense.



Kim Loliya

Kim Loliya is a sex educator and editor of sex+, a sex positive magazine that shares real stories and rewrites narratives about sex. As a body-based coach at The Pleasure Institute, Kim specialises in sexual empowerment and healing, believing that sexual pleasure is our birthright and that overcoming sexual shame is the key to joyful, powerful lives and relationships. Kim is passionate about communication, vulnerability and bringing authenticity into everyday interactions. Kim runs workshops and curates events in London on a variety of sex-related topics and is passionate about promoting inclusivity in the sexuality industry by leading Diversity For Sexuality Professionals - a practitioner group that provides support and best practice to widen access to sexuality-based services and training.



<https://sexpluszine.com/> www.pleasureinstitute.org

CONSENT

Consent is an essential part of BDSM that enables delicious, unforgettable play, yet it can be complex and nuanced for newbies and advanced practitioners alike. Navigating consent can bring up various types of difficulties, from misunderstandings or disconnection to trauma and power abuse. In this workshop we will talk about how to ensure consent an exciting part of play and how consent conversations can be a space for self-exploration and vulnerability on both sides. We will be covering the following topics through a mixture of paired and group/ paired work and discussion:

- How to use the body's wisdom in consent conversations and negotiations
- How to navigate consent moment by moment
- Consensual non-consent (how to play within the parameters of CNC)
- Consent violations in relationships (what to do and how to navigate them when they arise)
- The evolving language and framework of consent - from SSC to RACK
- Playing without safe words (the non-verbal landscape of consent)
- Consent for advanced practitioners

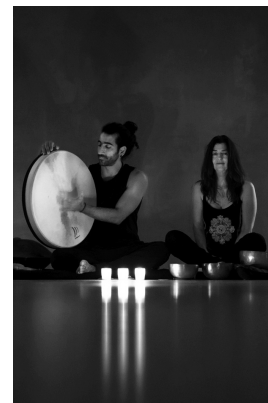
What to expect? This will be a safe space to elevate the current conversations on consent, ask questions and share best practice with other practitioners.

AFTERCARE

Aftercare is an art and not a science. Finding that sweet spot to come down softly after play is an important part of integrating kink experiences and looking after yourself so you can enjoy the experience and go deeper. There is huge variety in aftercare needs, desires and practices, and it is an evolving practice useful for newbies and advanced practitioners alike. We will be covering the following topics through a mixture of paired and group/paired work and discussion:

- How to use the body's wisdom in determining how much aftercare you need
- Aftercare practices for advanced BDSM practitioners
- Aftercare for dominants/tops
- Aftercare at play parties or in group settings
- The relationship between self-care and aftercare
- Navigating aftercare in 24/7 BDSM relationships
- Communicating aftercare in pre-play negotiations
- Personalised aftercare protocols
- Revolutionary aftercare

What to expect? You will learn lots of useful tips and tricks from other practitioners, discover more about the intricacies of aftercare and find some inspiration for your aftercare protocols.



Krisana & Mazen

Krisana Extensive experience in leading personal development workshops and trainings worldwide since 1998.

Psychology graduate

Certified Trainings:

- Bioenergetics practitioner
- Bioenergetic Body Type Training-
- Neo Reichian Therapist
- Breath work Therapy (Breath & Body Oriented Therapist)
- Systemic Constellation work (Family Constellation & Advanced trauma work)
- Osho Therapist Training
- Trauma healing work (Advanced training Trauma Healing)
- Counseling skills & Relationship Dynamics training
- Group leadership skills training
- Hypnosis
- Working with people training
- Osho Active Meditations & Osho Meditative Therapies

Mazen

- Ph.D. in Neuroscience
- Consciousness Research
- Physical, Emotional & Mental Health Research
- Emotional & Psychological Educator
- Consultancy & Life Coaching
- Holistic Practitioner:
 - Music Therapy & Sound Healing
 - Emotional & Psychological Support
 - Trauma work
 - Energetic Healing
 - Meditation Teacher



<https://tantric-energetics.com>

TRAUMA, RELATING & SEXUALITY

We constantly live in opposites and experience extreme polarities physically/emotionally/mentally.

Everybody has had at one time a hurtful and painful event (i.e. Trauma), therefore, our nervous system developed coping mechanisms to adapt to the overwhelming experiences.

We tend to vacillate between boundary extremes, pain & pleasure, hate & love, fear & trust, enmeshed & isolation, giving too much & giving too little...

When we lose trust, we protect ourselves by closing our hearts in fear of being hurt again, and we live in the fear of rejection, the fear of intimacy, and being open to give and receive fully from the heart.

Learning to restore and establish healthy boundaries with ourselves and others brings balance and self-healing. It allows the body to regulate itself, and slowly releases the inner tension and exhaustion we carry. Opens us up to a fresh perception of reality and the world around us. It is an important key in the principles of healthy relating.

This workshop is a self exploration through connecting with your body and your emotions, to find balance and rediscover healthy physical & emotional boundaries.

To find a way back to your spontaneity and the personal rhythm of the heart again - beyond conditioned ideas of sex and love.

We will use various approaches:

Boundary work, Trauma release exercises, Breath work, Inner rhythm pulsation work, Relating and Intimacy structures ...



Liesl & Anna

Liesl is a sculptress and a furniture-trainer. She believes that four factors are extremely important for how we experience ourselves and the world. Our past, where we come from, our expectation, how we think the world is, our motivation, what drives us, and our attention, where our experience is directed in any moment. Changing one of those four can completely change our reality. What happens if we change our expectation concerning the shape of the clitoris?

Anna for a long time, has had a clitoris. She wanks as long as she can think. She works with her head, heart and hands. She is very happy to do the workshop.



Line Bangsbo

Line Bangsbo, BangBang comes from the world of acroyoga, yoga and thai yoga massage. Her work focuses on creating spaces for people to explore the body-mind connection and finding more freedom in both.

A diverse background in bodywork, acrobatics, meditation, theatre, singing, stage work, and spaceholding has given her extensive experience of working with body-mind and accompanies her into the wild and exciting world of exploring sexual energy in many different forms.

Line believes that all practices striving towards freedom and comfort zone-expansion take an equal amount of daring and safety, and she offers both when she holds space for exploration that encompasses all aspects of physical practice, including sexuality and the polarities of domination and submission.



<http://www.linebangsbo.com>

MEET YOUR CLIT

Your clitoris is probably huge. No matter your gender.

Even if you think that you don't have a clit, maybe there is a hidden one or some leftovers from the past or the future.

She is probably huge and gigantic. But where is she exactly located? How does she look like? Where does she swell to? How does she move?

What happens if we create a space in which all our clits feel free to show up and to express themselves? What if you meet your clit, her feelings, her past, her wishes for the future, her needs, her desires, her phantasies and her personality? Her personalities?

How does she feel? What could make her feel good? What happens if we play with her? If we make her visible? If we make her audible? If we make her/them perceivable, observable, sensible? If she meets other clits?

First you are going to hear about her anatomy and history, then you may re-enact her, sens her, meet her, crawl into her and ...

Possible with clothes on and no obligation to fumble.

DIRTY HANDS ON YOGA

This morning workshop will offer you a practice to prepare for the day. The philosophy behind the class is to open your asshole in order to open your mind.

In this workshop we prove that yoga is not the a-sexual practice it likes to present it self to be, but that it can indeed awaken the sexual body. Working with internal as well as external stimulation this practice will help you connect to your sexual life force energy.

With some dirty hands on you will be assisted to go deeper in the ASanas and connect to body awareness.

While you are guided in your yoga class, our dirty hands on assistants will guide your body to open and stretch in places you were not aware could stretch.

Moola bandha can be more than internal.

No previous yoga experience is required, only the willingness to wiggle into downward dog, spread your legs in Prasarita Padottanasana and a commitment to lie still in Savasana, no matter what dirty hands will happen.

The class will leave you stretched, refreshed and opened for the rest of the day.



Lucy & Pawel

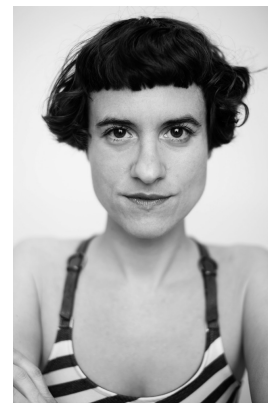
Lucy Wilke is a singer, actress, writer and director. She writes scenarios and directs short films and theatre pieces. With her band Blind&Lame she performs all over Germany. She has SMA and uses a wheelchair. Lucy is a big fan of black humor and irony. She lives for art and love. She has completed stage training and is also a trained speaker and singer. As a performer she played one of the leading roles in the musical "EXTAZE". Among other things, the role of the white swan princess in the abArt dance ensemble in an interpretation of Swan Lake followed. In 2017 Lucy performed "FUCKING DISABLED" in the theatre performance under the direction of David von Westphalen at the Pathos Theater Munich.

Pawel Dudus born in Poland in 1989, lives in Vienna and works in the context of dance, theatre and performance. Dance education at the Anton Bruckner Private University in Linz. In 2015 he started the performance project #onlyloveisreal with Laura Eva Meuris. #onlyloveisreal is a long-term research project dedicated to the multidimensional aspects of love. Today, Pawel is a conscious sexuality practitioner. He focused his artistic practice around the topics of intimacy, love, care and sensuality. Feeling the importance to react towards violence and hate which is growing because of insensibilisation and empathic anaesthesia, current national segregation linked to fear and predominance of normative perceptions Pawel sensed a need to bring to the foreground, question and rephrase how we connect and relate to each other as human beings. Pawel cultivates tenderness.

THE EROTIC OF SELF CONSTRAINT. TRANSCENDING PHYSICALITY.

In this workshop, we physically limit ourselves in order to break familiar processes and patterns. We are going to dive into the universe of micro movement. Within this detailed oriented exploration we want to create space for questioning and re-experiencing our ideas of body aesthetics and sexual identity on the course of intimate encounters. We take our time. The emphasis lays on the intensity of movement and encounter, not its size. We discover our body beyond the norm. Playful, open, humorous, symbiotic, mindful, sensual ...

3x



Mara & Matis

Mara Morgen likes to urinate on bodies and mouths that appreciate body secretions. She has seen many human ejaculates, her own so far only in drops. As a somatic sex therapist, sexological bodyworker and trainer, holistic-sensual bodyworker and masseuse and kinky, tantric, switchy sexworker she accompanies people in differentiated spaces on different levels of their pleasure and meaningful being.

Mara is also performing in the playspace: School of Love

Matis d'Arc is a cultural worker and lover of ropes, bdsm and games. Literary studies, contemporary music and dance theatre took him from Munich to Córdoba in Argentina and finally to Berlin where he has lived and worked since 2010. He discovered his passion for ropes and BDSM on excursions to the fetish and queer-kink scene and finally found his experiential home at schwel-le7. Since then, he has been convinced that the conscious and practical examination of sexuality and bdsm is not only a lot of fun, but can also open up a special approach to one's own personality and a path to its development. His workshops - since 2016 mainly presented in Switzerland and Germany - want to explore this potential and to offer manyfold opportunities for experimental try outs and discoveries.



<http://opensecrets.eu>



<http://www.luhmendarc.de>

π π CEREMONY PEEING, SQUIRTING, FLUID BLESSINGS

I remember
I imagine
The blooming capsule in growth
Let go
Human – humid – humility – fluid – fluidity
Questioning the body – the bodies' secrets and secretions
π π is releasing, powerful, erotic, messy, anarchic and archaic. π π is bittersweet, emotional, wet, juicy, stimulating, ecstatic, and fun.

Mara, her assistant Hanna, and Matis open a lustful space for all flowing liquids during the π π Ceremony.

π π is a ritualized happening that encourages the female* community in playful and lustful research, in mutual support and giving hold to each other, backing, and in collaboration and inspiration to collect, produce, share and release vaginal and urethral body fluids. Taoist practices and exercises for birth preparation empower this community. Vulva, clitoral body, G-spot-area, ovaries, vagina, urethra, cervix and bladder are celebrated as equal centers of pleasure and actors of holding and letting go.

A male* community may arise through tuning in to states of patient reception, permeability or possibly absorption and in the self-perception as a ritual vessel and fertile ground – so that the waters may pour out sensuously and lustfully to the Earth.

Mara and her assistant Hanna Blume will set a good example and flood the crowd with belly waters and with rivers of joy. Water donations and invitations to drink will be accepted from noon on the festival grounds. Drinking buddies can join in advance so that love can begin to flow.

For the female* community a certain fullness of the bladder or an interest in joyful squirting is advantageous for participation. In addition, huge amounts of water will be served on site. Of course, the ritual can be performed with partners of choice, but you are invited to open up to the group as well. Inexperienced and curious people are welcome to actively and passively let their doubts and fears be washed away.

Bringing a larger absorbent towel is highly recommended. Before the ceremony, we will inform you about health aspects and risks according to the principles of Risk Aware Consensual Kink.

2x



Matis

Matis d'Arc is a cultural worker and lover of ropes, bdsm and games. Literary studies, contemporary music and dance theatre took him from Munich to Córdoba in Argentina and finally to Berlin where he has lived and worked since 2010. He discovered his passion for ropes and BDSM on excursions to the fetish and queer-kink scene and finally found his experiential home at Schwelle7. Since then, he has been convinced that the conscious and practical examination of sexuality and bdsm is not only a lot of fun, but can also open up a special approach to one's own personality and a path to its development. His workshops - since 2016 mainly presented in Switzerland and Germany - want to explore this potential and to offer manyfold opportunities for experimental try outs and discoveries.



<http://www.luhmendarc.de>

SILLY PLAY

Silliness is actually as easy as child's play, but it can present adults with great challenges. Conventional behavioural patterns, the idea of how one wants to be or should be, expectations of oneself and others - to leave all this behind and simply do completely foolish things seems to overstep the boundaries of the self and the orderly everyday life. But if we lose ourselves in exuberant play, we can experience an ease in letting go and an abundance in courage, which leaves us open, amused and astonished.

In this workshop we use silliness as a strategy for boundless fantasy. We discover how much fun and productive it can be when we share the unconventional and absurd with others. We expand our perception not only by remembering the original playfulness and curious spirit of discovery from childhood, but also in the attempt to leave humanity behind us when we deal, for example, with roleplay like Pet Play. Or have you always wanted to be a thermometer? Or a blizzard? Here you can find out what others think of that. We talk silly, move silly, dress silly, touch silly - nothing is spared. Thus we go through benevolent metamorphoses and group processes. Through the path of the unreasonable and purposeless we arrive in our bodies, by no longer having to take ourselves so seriously, all kinds of inhibitions are eased. From the creative chaos as experimenters, we discover new orders and strange encounters, which touch us even more in their spunness.



Melania Mieli

Melania Mieli is the pseudonym of an Italian writer, born on 1983. On December 2015 she debut in literature with the erotic novel "il tredicesimo periodo" edit by Let-tere Animate.

From 2015 to 2016 she has told the stories of the employees from the Firm, in a blog: from this experience is born "Piano dei Conti" her second novel, that will come out on 2017 by Milena Edition.

She is a frequent visitor of Rome Xplore.

From November 2016 she takes part to the feminist movement "Non una di meno".

Two theoretical-practical interventions by Melania Mieli, mediated by Nehra Stella

NOURISHING RAPE CULTURE (Participatory Lecture)

Recurring or not, the fantasy of rape belongs to our imagination.

Is it an atavistic desire?

Or is it rather a superstructure constantly nourished by our culture, which is based on abuse and violence, and where rape is an integral part or even worse: one of the key instruments for the affirmation of its supremacy? What can be said about the men who are actually in positions of power: Trump, Berlusconi, Putin, Strauss-Kahn? What about the hideous trend in contemporary wars, where rape and abuse of women and children are widespread? And what about the „standards of behavior“ provided by the entertainment, fashion and advertising industry that seem to be based on similar values?

If we want to reject this culture and fight it, we cannot ignore that its values act on our deepest desires and forge our most unacknowledged sexual fantasies.

This year Nehra Stella invites the writer Melania Mieli to Xplore Rome, to investigate and reflect on the roots of our most contradictory erotic fantasies especially those steeped in patriarchal values.

Between theory and intervention workshops, Melania will guide us in a safe and welcoming space where we'll learn about the most exciting aspects of rape and where we can test our limits, using negotiated practices of consensus violation.

We are deeply convinced that playing and experimenting with these erotic fantasies is a way to regain possession of our bodies and desires: to build a world in which the value of consent and respect for others' becomes a norm and where playing with rape is a sexual game amongst others, to explore limits and pleasure between consenting adults.

PUSSY RIOT FEMINISM, QUEERNESS AND BDSM

THE FOOD FOR A NEW SEXUALITY (Participatory Lecture)

If we really want to define feminist*, we can't ignore the differences.

Intersectional feminism starts right from the assumption that the world goes beyond the binary composition: not only men and women exist, but many different types of men and many different types of woman, all unique.

Women and men, Cis or Queer, Trans, Lesbian, Gay, Intersex, Slave and / or Master.

In this workshop we explore those and other differences trying to highlight the richness of different cultures and imagining together, interactively, the sexual revolution.



Molly Cph

Molly Cph - I have explored my own sexual space, desires, personal dreams and wishes for the most part of my adult life; and more deliberately and consciously since 2012. I started teaching early 2016 in my base at the Kinbaku Lounge Copenhagen. At the moment I am taking the Sexological Bodywork certificate, and I look forward to teaching and learning much more. When I do workshops, and create sensual spaces, I feel enormously grateful and fulfilled, supplying adventures for other people. I have a specific focus on making people feel secure, curious, and of course having lots of sensuous fun. I hope to be a part of your adventure at Xplore.

See you there!

CLING FILM

For sex, play and fixation

Discover the use of cling film for more than just wrapping your food. Wrap your lover tightly, play with the material and have a juicy hot session.

This workshop teaches you the basics of how to use cling film as an addition to your sex toy toolbox. Cling film is perfect for fixation, mummification, sensory deprivation, and even breath play. The material can be used for anything from a sensual soft experience to BDSM. We start with a demonstration, explaining the goes and no-goes, juicy tips and tricks for your session. The remainder of the workshop is for your play, in couples, alone or in smaller groups. If you don't have a partner, come anyway and we'll have a brief hook up session for the singles, if you like, after the demo.

Please bring a large towel and/or a yoga mat and a pair of scissors.

2x

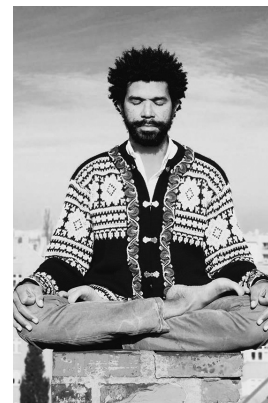
BODY SOUNDS

Join the concert.

Be a part of this amazing concert, where we explore the sounds the body can create, and experience how sound and vibrations join together

How do you feel when you hear a spanking, when you hear moans and screams of pleasure? Imagine how you will feel when an entire room of people join in making sounds with their bodies. People making sound by moaning, a row of people slapping each other at the beat of a drum, a percussion of asses. We start with an explanation and a demonstration, you will be divided in different groups according to your preferences. If you do not want to physically engage with other people you are welcome, if you want to fuck your partner to a screaming ecstasy you are welcome. There is a place for everyone in the Xplore body sounds concert.

2x



Pedro Aybar

Pedro Aybar - Over a decade ago, Pedro was initiated into an ancient tantric tradition that simply popped his cork. He has been on tantric skid-row ever since, constantly looking for ways to use and abuse this incredibly refined science. His trip is the study of Life as a dance; the game of making every mundane moment extraordinary; the riddle of seeing beyond ideas of right or wrong; the joy of being one with It, with You, with Everything.

Pedro's not-so-secret identity is the Captain Pipi Spielhand, of the Pirate Tantrics.



<https://www.facebook.com/piratat Tantra/>

SHANK LOOSE THE SHIT (Intestinal Cleansing)

Shank: Flushing the Shit Out of your Body.

Loose the shit. Some old tantrics dug anal sex, but that's not the only reason they invented Shank. By clearing the fecal matter that usually stays in your intestines, you liberate energy for all of your body's processes. The water comes in through your mouth and goes down all the pipes, till it leaves through your anus. It flushes everything it finds along the way. IMPORTANT: You must come on a *completely empty stomach*, meaning also nothing to drink that morning. Don't eat too heavy or too late the previous night.

1x

MINI-MAITHUNA FOR THE PEOPLE (Ritual)

Meeting with your lover... To fascinate the mind into experiencing higher awareness. To dance with delicate yet powerful energies. To Surrender. To Adore. To Unite. There are countless variations of the Tantric sexual ritual. It is a process. It takes time... and certain abilities. Are you ready? During this ritual, we will experiment with a short, modern version of the classical Maithuna. Bring a partner or come to find a partner there. You may do it with or without genital contact.

2x

NOT-YOUR-PARENTS TANTRA (talk)

Tantra has been around for quite some time now. Since the counter-cultural 60s people have been getting high on all sorts of of Sacred Sexuality. Along the way, a hundred cliches and paper-thin interpretations have come up. Everywhere, an army of tantrics, start their sentences with "Tantra says...". We all have a pretty good idea of this thing, don't we? Is that it? Have we seen all of Tantra's gift? Or are there yet unexplored dimensions and new possibilities for enriching our lives with this oldest science? The Pirate Tantrics have some provocative answers to these questions. Come and bring your own. Or let us find new answers together.

2x



Peter Banki

Dr. Peter Banki is the Founder and Director of the School of Really Good Sex and of the Festival of Death and Dying. Peter is also member of the Philosophy Research Initiative at the University of Western Sydney, where he has also lectured and tutored in the School of Humanities and Languages.

Peter also has an extensive background in Iyengar Yoga, alternative dance and the martial arts (Capoeira Angola). His somatic and movement practice forms the basis of his work in the sex-positive field. His major teachers have been Annetta Luce, Sue-ellen Kohler and Felix Ruckert. Attending the lectures of philosopher Jacques Derrida in the early nineties in Paris and later in New York was formative for his intellectual development.

He holds a Ph.D from New York University (September, 2009).

His book *The Forgiveness To Come: the Holocaust and the Hyper-Ethical* came out this year with Fordham University Press.



<http://peterbanki.com>

BEING GOOD

This workshop will be a kind of futuristic parody of "consent culture" and "safe space" where we will play together in such a way that all erotic interactions will be heavily regulated and monitored. The purpose is to bring to light some of the more unconscious aspects of "consent culture" in terms of unexamined power dynamics and bullying. We will also consider what the benefits of "consent culture" might be in terms of harm reduction and awareness of sexual abuse.

This "being good" role-play will provide the basis on which we can have a discussion about what is really happening in our communities today in the broader context of what is happening globally, where there is ever more technological surveillance and limitations on our personal freedom in the name of safety and security.

EROTIC YOGA

In our culture we rarely have the opportunity to practice eroticism without there being a particular demand or agenda. In this class we will apply yogic principles to erotic practice and sexuality. As yoga brings you face to face with your limits through asana practice, eroticism understood as a yogic practice can also help you to become stronger and more flexible - both physically and psychologically. Eroticism can be understood as a kind of yoga, i.e., as an informed way of learning to arrive at our limits and expand, without causing physical or emotional damage to ourselves or others. Such expansion, we believe, is healthy in a deep sense.

WHAT CAN YOU EXPECT TO HAPPEN IN THIS CLASS? In a safe and controlled way we will practice arousal patterns through touch, breath, strong and subtle sensations, materials, massage, bodywork, contact improv, Trauma Release Exercises (TRE) and yogic asana. We will do so without being attached to any kind of goal. The overall aim is provide opportunities for you to expand your erotic repertoire as well as your capacities for pleasure.

WHO IS THIS CLASS FOR? This class is open to the curious and the brave of all genders and sexual orientations. There is no age restriction, other than you must be over 18. Some previous experience in tantra, kink or sex-positive workshops is advised, but not required. What all care is taken, some of the content can be challenging for some people. There is no obligation to take part in anything. All activity is voluntary and consensual.

WILL THERE BE NUDITY? For this introductory class there will be no nudity, although for some exercises you may wish to remove some of your clothes.

HOW WILL WE PARTNER UP? If you have come with a partner, you can engage exclusively with them. Otherwise everyone will be paired at random with different people during activities and discussions. You do not have to engage with anyone you do want to. You can step out of any activity. Intrusive behaviour and rudeness will not be tolerated.

The concept of Erotic Yoga draws its inspiration from the work of Joseph Kramer, Ph.D, the Founder of Sexual Bodywork and the New School of Erotic Touch.



Shadow & Ysel

Shadow specializes in projects and workshops focussed on presence, self-awareness and subtle interactions, based on the physical and energy principles of taiji-quan, and our natural link to Nature. She works with energy, natural sounds, bodies and minds in open-minded and experimental ways.

She is the Artistic Director of the **MASSAGE & BODYWORK EXCHANGE / SHI-BARI LOUNGE / CAFÉ space**.

Ysel's domain is creative sensory exploration, and she uses approaches such as guided lucid dreaming, ericksonian hypnosis, shamanism, energy work, connecting to one's own animal nature and intuitive touch.

Her research has led her to experiment with the diverse techniques of transe, meta position, lockout, spontaneous sound and mouvement, synesthesia, rituals, day-dreaming and nocturnal lucid dreaming, gender fluidity, etc. She also experiments with different means of connection (synchronization, « to see and to be seen », energies, sounds ...) and various physical approaches, such as with and without moving in relation to the partner(s).



<https://yselexploration.wordpress.com>

MIND AND BODY AWAKENING

We will propose simple exercises based on the following principles:

- becoming fully conscious of one's own presence, as well as of the effects of a shared presence with a partner,
- experimenting and observing how the presence of a neutral 'witness' affects the interactions of the dyad, with and without physical contact.

For this exploration we will guide the you into a light naturally-induced modified state of consciousness. You will retain full awareness, ensuring boundaries and individual integrity are respected at all times.

We'll propose interactions such as moving and feeling one's movement, as well as the other's (when witnessing), using touch and breathing, possibly exploring spontaneous sounds, etc.

We'll then go more in depth into two main directions, and the workshop will be slightly different everyday, so that you can come every day if you like, and experiment with something different each time, with an emphasis on Grace, the chosen theme for this edition of **xplore**:

- a 'caring' perspective, by providing easy tools and techniques which can later be used freely within the Bodywork/Massage Exchange space during the whole duration of **xplore**.
- a 'play' perspective, by means of experimenting with consensual and intuitive physical stimulation to end the workshop on a climactic note. This may also inspire the participants to enjoy their **xplore** experience as a whole from an enhanced starting point.

every day >> at 11:00 am - 12:30 pm >> in the MASSAGE & BODYWORK EXCHANGE space



Zahava & ZigZag

Zahava Griss (Z) is a kinky, gender transcendent, dancer, coach and director of Do Good Things with Power, a leadership immersion for dance, sexuality, and kink facilitators! Z is currently touring a solo show, Waters of the Soul, organizing the dance and sexuality festival Touch & Play at Earthdance in the USA, and is a contributing author in Queer Magic: Power Beyond Boundaries. Z has been dancing for 30 years and entered the kink community in 2008. Z has certifications in Urban Tantra, Yoga for Birth, Pilates, Esalen Massage, Deep Bodywork, Health Coaching, and is currently training at the Academy for Coaching Excellence. Z studied the sexual and spiritual arts of Sufi dancemeditation, Sexual Shamanism, BDSM, bioenergetics, and transformational group dynamics. Learn more at EmbodyMoreLove.com

ZigZag Master Panther is a debaucherous, pansexual, primal, sadistic, exhibitionistic, intimate, gender-bending, edge-exploring, libertine Relationship Autonomist who approaches sexuality and connection through the lens of an improvised dance. Ze is an organizer, educator, performer, and consent-content-creator at the Orgy Dome at Burning Man, the dance/kink fusion Touch & Play Festival, The Libertine Society (Ze's home community), and many other radically sex positive spaces.

Z and ZigZag revel in an intimate dance punctuated with present connection, high momentum, bodily impact, rope harnesses, power play, and a disbelief in gravity. They met at the Touch and Play festival where they both lead workshops fusing contact improvisation, kink, and embodied sexuality. Unable to contain it, their passion and connection spirals delightfully outwards as they share their performances and facilitation across widespread communities. Their love has inspired new levels of erotic artistry where sex, dance, and creative expression become one.



<https://www.facebook.com/zahava.dances>

DANCE. POWER. PLAY.

How can we move each other? Through space...and into trustful abandon? Want to expand the creativity in your play? We'll explore the freedom, presence, and subtle attunement in ourselves and our partner(s) when tracking our scenes through the lens of movement, improvisation, and sensual embodiment. We'll play with warming up the body, breath, momentum, restricted sight, power exchange, and weight sharing as doorways to trust and courageous intimacy. Come with an intimate dance partner and/or willing to connect with others. Fly, fall with grace, and find new ways to companion each other in gravity.

TOUCH YOUR SEXY SELF

How deeply can you love yourself? What do you remember about discovering pleasure in your body for the first time? What has evolved in your self intimacy over the years? What does it look and sound like if you eroticize your gratitude for being alive? If this eros could tell you one thing... what does it want you to know? This is a communal ritual of love and liberation with the one lover you will have your whole life, you.

THE INTIMACY

OF DANCEMAKING AND PERFORMANCE

How we touch, the momentum we build, the story we tell... How can making a dance together reveal something about our truth and our intimacy to an audience? How do we reveal our intimate lives while holding awareness of the experience of the audience? How do we perform dances that contribute to our larger community? Come and learn to co-create a dance that's juicy and interesting for everyone and that strengthens your presence with your dance partner(s). We will work with specific creative movement and story prompts designed to generate unexpected and courageous performance material. Some participants will have an opportunity to perform for the group. Come willing to partner with a new person or bring an intimate collaborator.



The Nurses The Hygiene Project

Dear XPLORESSES and XPLORESERS,

As the event is designed for adults we must emphasise the importance of consideration and self responsibility. Therefore it is obvious that all interactions should be related to the basic principle of SAFE - SANE - CONSENSUAL and practised by Safer Sex.

Please remember to pack your kinky suitcase with:

- a **large towel or sheet** (to sit and play on)
- a **small towel** (to dry your hands or for a quick shower)
- a **small, convenient bottle of hand sanitiser** (in case you can't make it to the bathroom to wash your hands)
- condoms** (pack more than you estimate :-)
- gloves** (oh, yes!)
- lubricant** (well - recommended :-)
- whatever turns you on** (toys, rope, flogger, wigs, costumes, ...)

stay hot, stay clean!

THE NURSES



Wir hatten viel Spass beim Vorbereiten der xplore Berlin! Daher für Euch ein paar Bilder vom Making Of unserer kleinen HYGIENE AKTION genannt THE NURSES..

Photos: © The Joker

2018 July 27th+28th+29th

xplore BERLIN

Festival timetable and offer

In addition to the xplore typical workshops on sexuality, body work, BDSM and theme related performances we enrich our menu with a **VIRTUAL SYMPOSIUM**, a video installation with the recorded lectures of last year's **symposium** and a recording of Felix's lecture/performance: The Living Room Tour – Creating Sex Positive Spaces

In three **PLAY SPACES** with a different focus - **MASSAGE & BONDAGE**, **ROLE PLAY & RITUAL (SCHOOL OF LOVE)** and **SOUND & SILENCE** we will provide space for unusual, individual experiences, and allow the opportunity to subside, reflection and rest.
The **xplore INSECURITY TEAM**, recognizable by green stickers, will support and encourage you if necessary and is also available for mediation. You can find the team in the Bodywork Exchange Space.

Fri. July 27th 2018

Time	Kachelhalle	Keimkasten II	Lichtkeller	Studio	Tankraum	Bodywork Exchange Space
11:00h - 12:30h	EROTIC YOGA Dr. Peter Bankl En	DANCE. POWER. PLAY. Zahava & ZigZag En	CONSENT Kim Loliya En	DIRTY HANDS ON YOGA Line Bangsbo En		Mind and Body Awakening, with Grace Shadow & Ysel En
13:00h - 14:30h	TRAUMA, RELATING & SEXUALITY Krisana & Mazen En	SILLY PLAY Matis De	BODY SOUNDS Molly Cph En	MEET YOUR CLIT Liest & Anna De	NOT-YOUR-PARENTS TANTRA (Talk) Pedro Aybar En	
1 4 : 3 0 h - 1 6 : 0 0 h L u n c h B r e a k						
16:00h - 17:30h	MINI-MAITHUNA FOR THE PEOPLE (Ritual) Pedro Aybar En	FLOGGING Don Esteban De En	CLINGFILM Molly Cph En	THE EROTIC OF SELF CONSTRAINT. ... Lucy & Pawel De En	SEX-MAGIC (Lecture) Dr. Heiko Schmid De	
18:00h - 19:30h	THE BIOCHEMISTRY OF DISGUST Judith Anteil En	SAFE SINGLE TAIL WHIPPING I Ayzad En	LIQUID BODY BOUND - DROOLING Andy & Saara En	ANAL MASSAGE Don Esteban De En	VIRTUAL SYMPOSIUM (Introduction) Dr. S. Kagan & N. Stella En	
20:00h - 21:30h	RAPE CULTURE (Participatory Lecture) Melania Miel En	ELECTRO PLAY Ayzad En	THE BONOBO EXPERIENCE I Jason Hall En	TRAUMA, RELATING & SEXUALITY Krisana & Mazen En	CONSENT Kim Loliya En	

Sat. July 28th 2018

Time	Kachelhalle	Keimkasten II	Lichtkeller	Studio	Tankraum	Bodywork Exchange Space
11:00h - 12:30h	EROTIC YOGA Dr. Peter Bankl En	DANCE. POWER. PLAY. Zahava & ZigZag En	THE BIOCHEMISTRY OF DISGUST Judith Anteil En	DIRTY HANDS ON YOGA Line Bangsbo En		Mind and Body Awakening, with Grace Shadow & Ysel En
13:00h - 14:30h	SILLY PLAY Matis De	SHIT REALLY HAPPENS Adam & Eve En	RAPE CULTURE (Participatory Lecture) Melania Miel En	MEET YOUR CLIT Liest & Anna De	NOT-YOUR-PARENTS TANTRA (Talk) Pedro Aybar En	
1 4 : 3 0 h - 1 6 : 0 0 h L u n c h B r e a k						
16:00h - 17:30h	THE EROTIC OF SELF CONSTRAINT. ... Lucy & Pawel De En	PUSSY RIOT (Participatory Lecture) Melania Miel En	π π CEREMONY – PEEING, SQUIRTING, FLUID ... Mara & Matis De	MINI-MAITHUNA FOR THE PEOPLE (Ritual) Pedro Aybar En	SEX-MAGIC (Lecture) Dr. Heiko Schmid De	
18:00h - 19:30h	LIQUID BODY BOUND - DROOLING Andy & Saara En	SAFE SINGLE TAIL WHIPPING II Ayzad En	TRAUMA, RELATING & SEXUALITY Krisana & Mazen En	ANAL MASSAGE & FLOGGING Don Esteban & Felix Ruckert De En	MAKING LOVE WITH WORDS Anna & Judith En	
20:00h - 21:30h	BEING GOOD Peter Bankl En	BODY SOUNDS Molly Cph En	THE BONOBO EXPERIENCE II Jason Hall En	THE BIOCHEMISTRY OF DISGUST Judith Anteil En	AFTERCARE Kim Loliya En	

Sun. July 29th 2018

Time	Kachelhalle	Keimkasten II	Lichtkeller	Studio	Tankraum	Bodywork Exchange Space
11:00h - 12:30h	TOUCH YOUR SEXY SELF Zahava & ZigZag En	SHANK: LOOSE THE SHIT (INTESTINAL CLEANSING) Pedro Aybar En	THE EROTIC OF SELF CONSTRAINT. ... Lucy & Pawel De En	DIRTY HANDS ON YOGA Line Bangsbo En		Mind and Body Awakening, with Grace Shadow & Ysel En
13:00h - 14:30h	LIQUID BODY BOUND - DROOLING Andy & Saara En	SHIT REALLY HAPPENS Adam & Eve En	CLINGFILM Molly Cph En	MEET YOUR CLIT Liest & Anna De	SEX-MAGIC (Lecture) Dr. Heiko Schmid De	
1 4 : 3 0 h - 1 6 : 0 0 h L u n c h B r e a k						
16:00h - 17:30h	PUSSY RIOT (Participatory Lecture) Melania Miel En	ELECTRO PLAY Ayzad En	π π CEREMONY – PEEING, SQUIRTING, FLUID ... Mara & Matis De	TRAUMA, RELATING & SEXUALITY Krisana & Mazen En	MAKING LOVE WITH WORDS Anna & Judith En	
18:00h - 19:30h	BEING GOOD Peter Bankl En	THE INTIMACY OF DANCEMAKING AND PERFORMANCE Zahava & ZigZag En	THE BONOBO EXPERIENCE III Jason Hall En	ANAL MASSAGE & FLOGGING Don Esteban & Felix Ruckert De En	AFTERCARE Kim Loliya En	
D i n n e r B r e a k						
22:00h - dawn	The Aristocracy of Desire Play Party Admission only between 10 and 11 p.m.!					